

OnTrackNY Program

MIRECC GAF Initial Training

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OnTrackNY Program

Welcome and brief intros

Training Plan

- Session 1- Intro Webinar (1.5 hrs.)
 - Including practice rating vignette (Stan)
- Session 2- Intro Webinar cont'd (1.5 hrs.)
 - Including practice rating vignette (Valery)
- Session 3- Group Reliability Ratings (1 hr.)
 - Including practice rating two vignettes (Mike, Moe)
- Session 4- Group Reliability Ratings (1 hr.)
 - Including rating “reliability assessment” vignette

Training Materials

- ❑ MIRECC GAF All Scales
- ❑ Clinical and Functioning Outcomes Form (Worksheet)
- ❑ Brief Scoring Overview
- ❑ Two Practice Vignettes

Today's Agenda

- ❑ Background, Rationale, and Scoring Guidelines
- ❑ MIRECC GAF Components
 - ❑ Symptom Scale
 - ❑ Occupational Functioning Scale
 - ❑ Social Scale
- ❑ Practice vignette

MIRECC GAF: Background

- ❑ Global Assessment of Functioning (GAF) for DSM
 - Designed to assess global change in client status
 - Limited due to focus on symptoms rather than social or occupational status
- ❑ The Mental Illness Research, Education, and Clinical Center (MIRECC) version rates occupational, social, and psychological functioning separately on 3 subscales (Niv, Cohen, Sullivan, & Young 2007)



MIRECC GAF: Rationale

- ❑ MIRECC GAF Scores are used in OnTrackNY to measure participant's symptoms and functioning
- ❑ Scores are reported for the **month prior to dates of:**
 - Admission
 - Follow-up (quarterly)
 - Discharge

MIRECC GAF: General Scoring Guidelines

- ❑ Clinicians are encouraged to use the **Clinical & Functioning Outcomes Form** to arrive at decile and final score
 - Some clinicians find it helpful to outline the known facts about the client in each domain
- ❑ Do not include the information that falls outside of the timeline of the past 30 days
- ❑ Remember to rate the **worst** symptoms and **average** level of social and occupational functioning

MIRECC GAF: General Scoring Guidelines

- Rate on the basis of all available information using multiple sources:
 - Interaction with the client
 - Interaction with family members and other supports
 - Interaction with other providers, educators, etc
 - **Your team members**

MIRECC GAF: Scale Components

- ❑ Three domains: Symptom, Occupational, and Social
- ❑ All subscales are divided into ten equal intervals (deciles) and include criteria for scoring
- ❑ Four functional categories (using whole #s only)
 - Fully functional: 70-100
 - Borderline: 50-69
 - Dysfunctional: 20-49
 - Dangerous: 1-19

MIRECC GAF: Symptom Scale

- ❑ Consider the following:
 - ❑ Presence / absence of **any** symptoms (psychosis, mood, anxiety, substance)
 - ❑ Symptom severity (including pervasiveness and frequency)
 - ❑ Impact on behaviors and functioning (including dangerousness to self and/or others)
- ❑ Psychosis:
 - ❑ Consider positive symptoms
 - ❑ Presence of any psychotic symptoms, automatically puts the score below 40 (highest is 39)
 - ❑ If behavior is affected by psychotic symptoms, the score automatically falls below 30 (highest is 29)
 - ❑ Psychiatric hospitalization **will often** put the score at 19 or below

MIRECC GAF: Symptom Scale

- Show Symptom scale
- Discuss Symptom Scale for Practice Vignette (Stan)

MIRECC GAF: Occupational Scale

- There are 3 occupational categories: Workers, Students, Homemakers
- Indicators/key components
 - If currently in that role
 - Performance in that role
 - Ability to manage responsibilities
 - Type of setting
- Rate the functioning relative to age-specific norms
 - Consider personal goals, plans, self-characterization
 - If the person is not working or in school choose the category that best fits what he/she would be doing if he/she was not ill

MIRECC GAF: Occupational Scale

- ❑ Choosing the primary occupational category
 - Determine the primary activity if the person is functioning in more than one role
 - Ask the person how they self-identify
 - Use the following rules of thumb:
 - If participant is age 15-18, participant is student
 - If participant is 19 or older and not in school or not working, consider what he/she was doing last or what he/she aims to be doing next (work or school) when assigning categories
 - If you are still unable to determine status, rate under 21 as a student, and 21 and over as a worker
 - If the person is a “worker” who is unemployed (looking for work) or receiving SSI/SSDI the score automatically falls below 30

MIRECC GAF: Occupational Scale

- ❑ Show Worker, Student, and Homemaker subscales
- ❑ Discuss Occupational Scale for Practice Vignette (Stan)

MIRECC GAF: Social Scale

- ❑ Get a sense of how much time person spends around other people
 - ❑ Both friends and family should be considered in this rating
 - ❑ Do not consider relationships with professional caregivers in rating of social functioning in Borderline & Fully Functional ranges, but do consider when rating in the Dysfunctional and Dangerousness ranges
- ❑ Indicators/key components
 - ❑ Number of friendships
 - ❑ Ability to develop new relationships
 - ❑ Meaningfulness of these relationships (e.g., frequency of contact and ability to confide in one another)
 - ❑ **Reciprocity of relationships**
 - ❑ Avoidance / withdrawal, frequency of conflict and how conflict is resolved

MIRECC GAF: Social Scale

- Show Social Scale
- Discuss Social Scale for Practice Vignette (Stan)

MIRECC GAF: Case Vignettes

- Session 1- Stan
- Session 2- Valery
- Session 3- Mike, Moe
- Session 4- Bill, Jessie