

Lambarka Macmiilka (Client #): _____ Taariikhda La Qaaday: _____

ISKU BUUQA, NABAR KU DHACAY, IYO WAAYO ARAGNIMO QALAFSAN OO SOO MARTAY CARUURNIMADII

MACMIILKA ISAGA AYAA QIIMEYNTA ISKU SAMEEYEEY

Isku Buuqa Dhibaatooyinka Dhaca Ka Dib DSM-5 (PCL-5) [KHASAB KUGUMA AHA]

Halkan hoose waxaa ku xusan dhamaan dhibaatooyinka ay dadka qaarkood lakulmaan marka ay soo maraan xaaladaha isku buuqa. Fadlan dhibaato kasta si taxadar leh u akhri oo goobaabin geli lambarka saxa ah ee muujineysa inta ay dhibaatan nolohaada dhibaataada ay u geysatay bishii la soo dhaafay.

Bishii la soo dhaafay, imisa jeer ayaad dhibsatay:	Gebi ahaanba dhib uma geysan	Wax yar	Heer dhexe	Waxoogaa	Aad u daran
1. Xusuus aadan dooneyn oo kugu soo noqnoqota oo ka dhalatay isku buuq horay kuu soo maray?	0	1	2	3	4
2. Xusuus aadan dooneyn, riyo kugu soo noqnoqota oo ka dhalatay isku buuq horay kuu soo maray?	0	1	2	3	4
3. Dareen degdeg ah ama aad u qaadato in isku buuqii ku soo maray uu dhacayo mar kale (sidii adiga oo dhacdadii dib ugu noqday oo mar kale ay soo noqotay)?	0	1	2	3	4
4. Aad u carooda sida marka ay jiraan waxyaabo ku xasuusiya isku buuqii horay kuu soo maray?	0	1	2	3	4

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Bishii la soo dhaafay, imisa jeer ayaad dhibsatay:	Gebi ahaanba dhib uma geysan	Wax yar	Heer dhexe	Waxoogaa	Aad u daran
5. Jirkaagu si adag uga jawaabo marka ay jiraan wax ku soo xusuusiya xaalad isku buuq ah oo ku soo martay (tusaaleahaan, garaaca wadnaha oo kordha, neefta oo kugu dhagta, dhidid fara badan)?	0	1	2	3	4
6. Ka fogaashaha waxyaabaha ku xusuusin kara xaalad isku buuq ah oo ku soo martay?	0	1	2	3	4
7. Ka fogaashaha waxyaabaha dibadda kaaga yimaada ee ku xusuusin kara xaalad isku buuq ah (tusaale ahan, dadka, goobaha, sheekada, dhaqdhaqaaqa, ama xaaladda)?	0	1	2	3	4
8. Ay kugu adag tahay in aad xusuusato qodobada ugu muhiimsan xaaladda isku buuqa ah ee ku soo martay?	0	1	2	3	4
9. In aad dareen aad u xun aad ka qabto naftaada, dadka kale, iyo dunida (tusaale ahaans sida: in ay niyaadaada ku jiro qof xun baan ahay, wax badan baa iga qaldan, cid aan aamini karto ma jiro, aduunka oo dhan waa khatar)?	0	1	2	3	4
10. In naftaada ama qof kale aad ku dhaliisho xaaladaha isku buuqa ah ee ku soomara ama waxyaabaha dhaca?	0	1	2	3	4
11. In aad dareen xun ku gu jiro sida cabsi, argagax, xanaaq, aad dareento dambiilanimo, ama ceeb?	0	1	2	3	4
12. In aan kaa lumo dareenka in aad ku raaxeysato waxa aad sameyneyso?	0	1	2	3	4
13. In aad dareento in aadan ku xirneyn dadka kale?	0	1	2	3	4

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Bishii la soo dhaafay, imisa jeer ayaad dhibsatay:	Gebi ahaanba dhib uma geysan	Wax yar	Heer dhexe	Waxoogaa	Aad u daran
14. In ay kugu adag tahay in aad si wanaagsan u fikirto (tusaale ahaan, ay kugu adag tahay in aad faraxsanaato ama aad dareento in dadku ku jecel ayahay oo kugu dhaw yahay)?	0	1	2	3	4
15. La soo baxa dabecad xanaaq si fudud aha, aad u carooda, ama gardaro badan?	0	1	2	3	4
16. U bareera waxyaabo badan oo khatar ah a,a sameeya falkeeni kara dhaawac?	0	1	2	3	4
17. “Aad u feejigan” ama dhiifoon ama aad u gidtoon?	0	1	2	3	4
18. Dhaqso u booda ama si fudud u naxa?	0	1	2	3	4
19. Ay ku adag tahay inuu xoogga saaro?	0	1	2	3	4
20. Dhibaato ku qaba inuu gam’o ama hurdada ku nagaado ?	0	1	2	3	4

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